



# Huna

TEACHINGS THAT GUIDED PEOPLE FROM CENTURIES AGO





ARE YOU LIVING YOUR LIFE  
THE WAY IT WAS MEANT TO BE LIVED?



ARE YOU CONNECTED  
TO YOUR TRUE NATURE?

## WHY HUNA?

Ever asked these questions?

- AM I LIVING MY LIFE THE WAY I WAS MEANT TO LIVE IT?
- WHAT IS MY DESTINY?
- HOW CAN I CONNECT WITH MY TRUE NATURE?
- AM I HAPPY? AM I SATISFIED?
- WHY DO THINGS HAPPEN THE WAY THEY DO?

Like most, you may value convenience, enjoy instant gratification, or seek to change your life in the most efficient time possible. Huna offers ease, quick results, and change. You will experience empowerment and grow your spirituality, energy, and metaphysical healing powers. Imagine what's possible for yourself and your spirituality. You can profoundly experience and connect physically, emotionally, mentally, and spiritually with your Higher Power, enabling you to bring into your life whatever you desire.

## HUNA IS FOR YOU IF:

You are interested in an esoteric view of the world, want to connect more with who you are and discover a whole new world around you, then Huna is for you.

## MATTHEW B. JAMES AND THE EMPOWERMENT PARTNERSHIP

We've been empowering people since 1982. We're one of the largest training organizations in the world and are of only a select few that specializes in the teachings of Huna, with the knowledge and Hawaiian lineage being passed down to Matthew B. James, MA, PhD, and his family. National trainers [many of you may know from popular movies and other workshops] seek to learn from Matthew B. James, so he is truly a trainer-of-trainers. Come see why international leaders travel far and wide to learn Huna and why they apply its secrets to their own curriculum offerings. Year after year we consistently receive the highest ratings on our evaluations. We have achieved this by presenting excellent trainings/seminars and producing effective trainers.

## WHAT IS HUNA?

Huna is a modern or western label given to an ancient system. In ancient times these teachings were not called Huna, because Huna means secret. Since they were well known, they were obviously not a

secret. We use the term Huna because it is widely recognized; however, in ancient times, other labels were used.

Huna comes from ancient times; it is one of the original arts and sciences of healing and spiritual development. We believe that it may be as old as 35,000 years and is a part of the original teachings of the peoples of the earth, that were centered here in Hawaii on a continent which now, no longer exists. All that remains physically of that land are the mountain peaks of the island chain called Hawaii.

Huna was originally called Ho'omana. Ho'o means to make. Mana means life force, equivalent to Ki (as in Aikido), Chi (as in Tai Chi), or Shakti in the Sanskrit language. Taken together the word Ho'omana means empowerment or to empower.

The teachings of Huna that are humbly shared by Matthew B. James are different than most seminars/trainings available (even other seminars/trainings in Huna). Pappa Bray (the son of Daddy Bray) gave Tad James permission to learn, practice, and teach the Huna of the Bray family. This lineage is now entrusted to Tad's son, Matthew B. James, and therefore, it is more than a training, it is an introduction to a way of empowering yourself shared through an honored lineage.

## HUNA IS AN EXPERIENCE, DISTINCT FROM CLASSROOMS!

Learning Huna is more about experiencing the knowledge, rather than learning the techniques. While you do both at this training, it is important for you to realize that this is a very different training than any other you have attended. Plan on "living" this material, not just "learning" it.

**VOLCANO TRIP** Experience an incredible day trip to an active volcano, and feel a connection with the Goddess Pele.

**CITY OF REFUGE** Participate in an outing to the most spiritual of all Hawaiian places. Reaching this place was enough for total forgiveness in ancient Hawaii.

**FEEL THE MANA** "Mana" or life force energy is one of the guiding principles of Huna. The mana in Hawaii is very strong, so it is easy to experience its effects.

# EXPERIENCE HUNA KNOWLEDGE AND LINEAGE

**A PRIVATE LUAU** Enjoy memorable chanting performances, hula instruction, and sunset ceremonies.

**EMOTIONAL CLEARING** Experience Time-tested emotional clearing techniques from Matthew B. James Time Empowerment® Model.

**HA BREATHING** Increase your mana and control your energy levels through breathing methods.

## WHO ATTENDS?

Various people are drawn to Huna. The range includes healthcare professionals, therapists, psychologists, lawyers, business owners, managers, educators, athletes, and college students; in other words, people just like you. Along the way you will learn more about yourself and learn to trust your gut instincts when designing your career, relationships, and health goals.

## WHAT YOU GET WITH HUNA

When you join us for The Huna Higher Consciousness Workshop, you will walk away knowing more about yourself and the world around you than is available through modern science and psychology.

## COURSE INFORMATION

Courses run concurrently. You will be interacting with students at all levels of Huna. Each level requires knowledge and experience gained at the previous level. Students may only attend one level per training. First-time attendees must attend Level One.

## LEVEL 1 TOPICS

Trusting your gut instincts in health, wealth, and love will become second nature to you once you start practicing Huna meditations, communication techniques, and goal setting. What was once impossible or difficult for you regarding being healthy, attracting abundance, or being intimately related to people in your life will become easy and effortless. Here are some topics you will learn during Level One ...

- Huna model of Conscious Mind, Unconscious Mind, and Higher Self
- Ho'oku'u: Clearing out past limitations
- Ho'oponopono: Powerful process to clear and heal relationships in support of your evolution
- Chanting: Attune your neurology

- Prime Directives of Unconscious Mind: Understand the unconscious processes
- Dreamtime Techniques
- Ha Breathing: Controlling your state and energy
- Mana: Working with energy
- Introduction to ancient symbols
- Higher Self Connection
- Hakalau: The Shaman State

## LEVEL 2 TOPICS

Imagine waking up every day charged with energy able to pursue your dreams and goals. During Level Two you discover your own limitless power. Become your own cup of espresso and learn how to unleash the profound energy you already possess.

- Higher Self Therapy Qualification: One of the most powerful processes available today for release of emotional and physical blocks
- Further use of ancient symbols
- Awaiku: Working with guides
- Advanced chanting, meditation and clearing
- Advanced energy techniques and how to conduct energy sessions
- Working with Pule to call for or create goals that you have

## LEVEL 3 & 4 TOPICS

Supercharge the results in your life with Levels 3 and 4. Learn to trust your gut instincts, harness your own energy everyday, and master a process to pursue goals called the S.M.A.R.T.™ technique. Advanced Huna teachings accelerate and guide you to lead a satisfying and successful life. Levels 3 & 4 topics are discussed directly with Level 1 & 2 participants. You deepen your understanding to generate abundance, vibrate health, and experience love in all your relationships.

## LEVEL 3 SPECIAL NOTICE

The training for Level 3 begins one day earlier. This is a vital part of the training, and attendance for all level 3 students is required.

The logo for Huna, featuring the word "Huna" in a stylized, red, cursive font with a white outline, set against a background of a repeating geometric pattern.

## LIFETIME SUPPORT

We provide lifetime support with any purchase of product and on any training you take with us. If at anytime you have a question or need some help, we'll be there for you.

## PERSONAL ATTENTION

Our ratio of staff to students is exceptionally high. From the moment you enroll we are available to assist you. This ensures you the support you need to get the outcomes you want. The excellence of our seminars and trainings has made us one of the largest communication training organizations in the world. If you want to experience the best, come learn with an established world leader. Call now to start your journey to harness the power of the mind.

## DON'T MISS OUT ON THIS GREAT OPPORTUNITY

Contact us or fill out the Enrollment Form and mail it back. Start your journey to harness the power of the mind, heal the past, and super-charge your future!

If improving the quality of your life personally or professionally interests you, join us and learn the how to take the "Leap"!

## FOR OUR GRADUATES

If you have graduated from our training series, we invite you to apply to our assisting team. We would appreciate you sharing this brochure with someone who would also benefit from our trainings. Remember, our referral program is our way of saying "thanks."

**ENROLL NOW TO HEAR MATTHEW B. JAMES, MA, PHD, INTERNATIONAL TRAINER, LECTURER, AND EDUCATOR!**

**800-800-MIND (6463)  
OR VISIT  
WWW.HUNA.COM**



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All information is subject to change.

## WHO IS DR. MATTHEW B. JAMES?

Dr. Matthew B. James is one of the most highly sought-after trainers and educators in the world today. He is the President of the Empowerment Partnership, Chairperson of the Association for Integrative Psychology, a designated Teacher of Huna, and a world-renowned communication and linguistics expert sought by the media and other famous motivational speakers.



Matthew is a living example of the power of The Empowering Your Life® teachings. Matthew began his studies at the age of 5, by learning the art of Transcendental Meditation. Before he was even a teenager, he was instructed in a fourth generation lineage of Huna. Taught by legendary communication experts, he became a Certified Master Trainer of Neuro Linguistics.

Through his role as President of Kona University and the President and Master Trainer of its training and seminar division, The Empowerment Partnership (formerly Advanced Neuro Dynamics), Matthew is personally responsible for bringing thousands of students closer to fulfilling their dreams. Each year he teaches the life-altering techniques of hypnosis, advanced communication techniques, Time Empowerment®, ancient Shamanism, and Hawaiian Huna throughout the United States, Canada, Europe, and Asia.

## OUR GUARANTEE FOR THIS TRAINING

Our guarantee is simple...Your complete satisfaction is our goal. You have seven (7) days from the date you enroll in the trainings to cancel your agreement and have 100% of your deposit refunded. Thereafter, there is a non-refundable cancellation fee of \$800 per training session. Once the training has started, if at any time prior to the conclusion of your session, you should become dissatisfied with the program, simply meet with your trainer to discuss your dissatisfaction and if we are unable to resolve the problem, we will refund your entire enrollment fee less the non-refundable cancellation fee. For further details on our guarantee, consult your course materials.

**"WHATEVER YOU THINK YOU ARE, YOU'RE MORE THAN THAT." – MATTHEW B. JAMES, MA, PHD**

*"Know it. Believe it. Make it Reality!"™  
– Matthew B. James, MA, PhD*